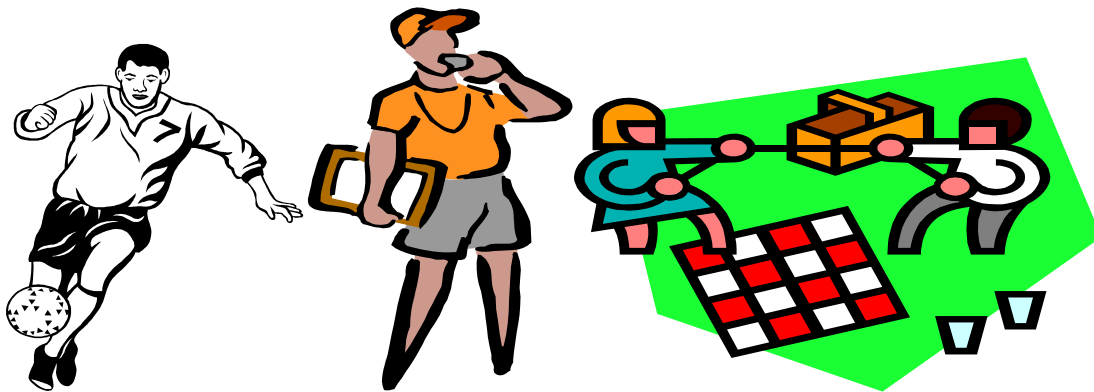




**'providing opportunities to the young people'**

# **SUMMER SPORTS PROGRAMME 2007**



This year, Preston Muslim Forum in partnership with Red Rose Sports Club has organised its biggest summer sports programme.

We hope that there will be something for everyone.

**Anis Faruki**  
Preston Muslim Forum

**Siraz Natha**  
Red Rose Sports Club

## Programme

### 1) FOOTBALL COACHING

Description : Improve your skills through individual and team play, leading to a tournament.

Age groups : 11 – 15 yr olds

Where : West View Leisure Centre

Coaches : S.Musa /

### 2) CRICKET COACHING

Description : Improve your bowling, batting and fielding skills

Age Groups : 11 – 15 yr olds

Where : Moor Park cricket pitches

Time : 10.00am – 12.00 noon

Dates : Wednesdays 2nd, 9th, 16th, 23rd, 30<sup>th</sup> August

Sundays 30<sup>th</sup> July, 6,13,20,27<sup>th</sup> August

Coaches : Z.Ahmed / S.Natha

### 3) PMF YOUTH CLUB

Description : The Youth club has computers, games and sports on offer

Age Groups : 8 – 13 yrs olds

Where : Hamaara centre, Castleton Road

Dates : Mondays 24<sup>th</sup>, 31<sup>st</sup> July and 7<sup>th</sup>, 14<sup>th</sup>, 21<sup>st</sup>, 28<sup>th</sup> August

Time : 1.00pm – 3.00pm

Youth Leaders: F.Khan / T.Patel

### 4) PMF YOUTH CLUB (Girls only)

Description : The Youth club has computers, games and sports on offer

Age Groups : 8 – 13 yr olds

Where : Hamaara centre, Castleton Road

Dates : Sundays 23<sup>rd</sup>, 30<sup>th</sup> July and 6<sup>th</sup>, 13<sup>th</sup>, 20<sup>th</sup>, 27<sup>th</sup> August

Time : 12.30pm – 2.30pm

Youth Leaders: Tahera Kalang / Aneesa Musa

### 5) MULTI – SPORTS

Description : A variety of sports on offer for beginners to come and try

Age Groups : 5 – 9 yr olds

Where : Deepdale Junior School

Dates : Tuesdays 25<sup>th</sup> July and 1<sup>st</sup>, 8<sup>th</sup>, 15<sup>th</sup>, 22<sup>nd</sup> August

Wednesdays 26<sup>th</sup> July and 2<sup>nd</sup>, 9<sup>th</sup>, 16<sup>th</sup>, 23<sup>rd</sup> August

Thursdays 27<sup>th</sup> July and 3<sup>rd</sup>, 10<sup>th</sup>, 17<sup>th</sup>, 24<sup>th</sup> August

Time : 1.00pm – 3.00pm / Coaches : F.Khan / I. Wadee

### 6) FOOTBALL TOURNAMENT

Description : 5-a-side tournament to find the best team

Age Groups : under 12s, under 14s, under 16s

Where : Vida sports centre, Tulketh school

Time : 1.00pm – 5.00pm

Date : Sunday 27<sup>th</sup> August

Organiser : F.Khan (application forms from PMF, 185 Deepdale Road)

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## **7) SPORTS LEADERSHIP COURSE**

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**Description** : This course teaches sports leadership skills in a fun way.  
Participants will learn to practical sports sessions. Successful participants will receive a sports leadership certificate.

**Age Groups** : 14 – 17 yr olds

**Where** : West View Leisure Centre

**Time/Dates** : Tue 8<sup>th</sup>, 15<sup>th</sup>, 22<sup>nd</sup>, 29<sup>th</sup> Aug (12.30pm-5.00pm)  
Wed 9<sup>th</sup>, 16<sup>th</sup>, 23<sup>rd</sup> (1.00pm – 5.00pm)

**Tutor** : M.Matadar

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## **8) TENNIS COACHING**

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**Description** : Learn to play Tennis at the main tennis club in Preston

**Age Groups** : 8 – 15 yr olds

**Where** : Fulwood Tennis club, Highgate Avenue (off Watling St.Road)

**Dates** : Tuesdays 25<sup>th</sup> July and 1<sup>st</sup> August  
Thursday 27<sup>th</sup> July and 3<sup>rd</sup> August

**Time** : 10.00am – 12.00 noon

**Coach** : S. Roththorne

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## **9) BADMINTON LEVEL ONE CERTIFICATE (Girls only)**

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**Description** : Gain a certificate to teach Badminton.

**Age Groups** : over 16

**Where** : St. Augustine's Sports Centre, Off Manchester Road

**Time** : 9.30am – 5.00pm

**Date** : Saturday 5<sup>th</sup> August

**Tutor** : Shirley Wright

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## **10) INTRODUCTION TO CRICKET CERTIFICATE**

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**Description** : Gain a certificate to teach cricket

**Where** : Audley Sports Centre, Chester St, Blackburn

**Age Group** : over 16

**Time** : 10.00am – 5.00pm

**Date** : Sunday 23<sup>rd</sup> July

**Tutor** : ECB Coach

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## HOW TO BOOK A PLACE

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You will need to book your place for the following courses:

Sports Leadership course  
Tennis Coaching  
Badminton Level one certificate  
Introduction to cricket certificate

Please phone 01772 558514 or 01772 889000 to book your place. On the day of the course, you will need to bring your completed Registration form and appropriate money

For all other courses, juts turn up on the day with your completed Registration form.

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### **CLUB POLICY ON USING COACHES/ TUTORS**

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PMF Youth Club and Red Rose Sports club aims to set a high standard in all that it does and this also includes the selection of coaches/Tutors and their behaviour.

All the Coaches/Tutors that the Club uses have the relevant qualifications and have been checked to ensure they are CRB cleared.

If you have any concern regarding any of the Coaches/Tutors, please contact 01772 558514 or 01772 889000 for a confidential discussion