



## Monitoring Report 2006-2007

### Project: Future is Young

#### Outcome 1: Enhanced educational and employment opportunities 100 YP during the project

Milestone	Progress
Support to apply for employment opportunities	<p>20 YP were provided with structured Information, Advice and Guidance (IAG) on education, training and employment, from the staff of Preston Muslim Forum who are NVQ4 qualified to provide the specialist advice and guidance services.</p> <p>5 YP have found p/t or f/t jobs</p> <p>3 YP have registered to be volunteers</p> <p>5 YP completed short vocational courses</p>
Assisted for career management	<p>See above.</p> <p>The structured IAG includes advising on career, providing with options, making action plan, making CV, completing application form, job search etc.</p>
Assisted to obtain employment	<p>See above</p> <p>Young people were assisted by Preston Employment Partnership who hold 3 days a week surgery at PMF and is easily accessible.</p>



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#### Outcome 2: Gain new skills and qualifications / 25 YP per year

Milestone	Progress
Initial assessment in line with basic skills agenda	15 YP took part in on-line diagnostic assessment of their basic skills. This test was conducted in line with department of education and skills guidelines. The results highlighted 4 YP with learning deficiencies and were referred to PMF for IAG for additional learning support. These YP and others progress will be regularly monitored.
Each YP to attend 2 courses	As a pilot project 6 YP were identified to be recruited as a volunteers and trained with a view to make them paid sessional worker in future.  See attached Volunteer development Course sheet for details.
5 YP to gain recognised qualifications per year	See above. Certificates and photos attached.



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**Outcome 3: Improved health & life style / 90% of YP**

<b>Milestone</b>	<b>Progress</b>
20 sessions of various sporting activities per year	<p>Various sporting activities were held during the period and this proved to be one of the most effective way of increasing their participation and motivation.</p> <p>Please see attendance sheets and photos</p>
6 healthy lifestyles sessions per year	<p>The above sporting activities were also linked to healthy life styles, but additionally we organised 3 structured sessions, on 9<sup>th</sup>, 16<sup>th</sup> and 23<sup>rd</sup> August 2006 on topics related to factors relating to physical fitness, key elements in fitness testing and factors that affect health and well being.</p> <p>Please see attached</p>
School holiday activities	<p>Various activities were organised during school holidays.</p> <p>Please see photos and publicity leaflets for info.</p>
1 residential per year	<p>Following educational trips were organised:</p> <ul style="list-style-type: none"> <li>• Alton Towers – 26 YP</li> <li>• Ice Skating-Blackburn – 22 YP</li> <li>• Liverpool FC – 15 YP</li> <li>• Weekend residential planned in Easter by Youth Council</li> </ul>
2 fitness and advice assessment sessions per year.	<p>Initial fitness assessment sessions was carried out for 18 YP in Sept 2006. Their fitness is being monitored and developed through various health initiatives. 2<sup>nd</sup> fitness assessment is planned in Easter to evaluate and compare.</p>



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#### Outcome 4: Increased awareness of safe living environments / 120 during project

Milestone	Progress
Fire and safety awareness sessions	TBA
Substance misuse awareness sessions	Drugs and Alcohol awareness session was organised on 27 <sup>th</sup> July 2007 from Alcohol and Drugs Services
Crime prevention awareness sessions	A session was held by Lancashire Youth Offending Team highlighting victims of youth crime and those at risk of causing crime. The interactive session was attended by 15 YP.
Bullying awareness sessions	A DVD was shown to 22 YP highlighting bullying and its effects. QA session took place later on where YP were able to demonstrate their understanding about the issues surrounding Bullying.



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#### Outcome 5: Increased confidence and self esteem / 50 YP per year

Milestone	Progress
Establishment of youth council	Youth Council was set up in November 2006. The Council consist of PMF staff member, Parents and importantly 8 YP from the youth club. The plans are to build the capacity of the group through constitution, polices governance etc.
2 events organised by youth council per year	Following 2 events were organised by the youth council: <ul style="list-style-type: none"><li>• X-Mas party – 2006</li><li>• Football league – 16 teams across Preston participated in the age range 12-18 years.</li></ul>
4 personal development activities/initiatives per year	The YP immensely benefited from various developmental activities such as courses, event organisation, educational trips, sessions/workshops, assisted in producing first quarterly Hamaara Centre newsletter.
Networking with outside events and meetings	Participated in ITV Big Clean up, attended Lancashire Youth Association meetings, meetings with Community Safety team, meeting with local councillor